

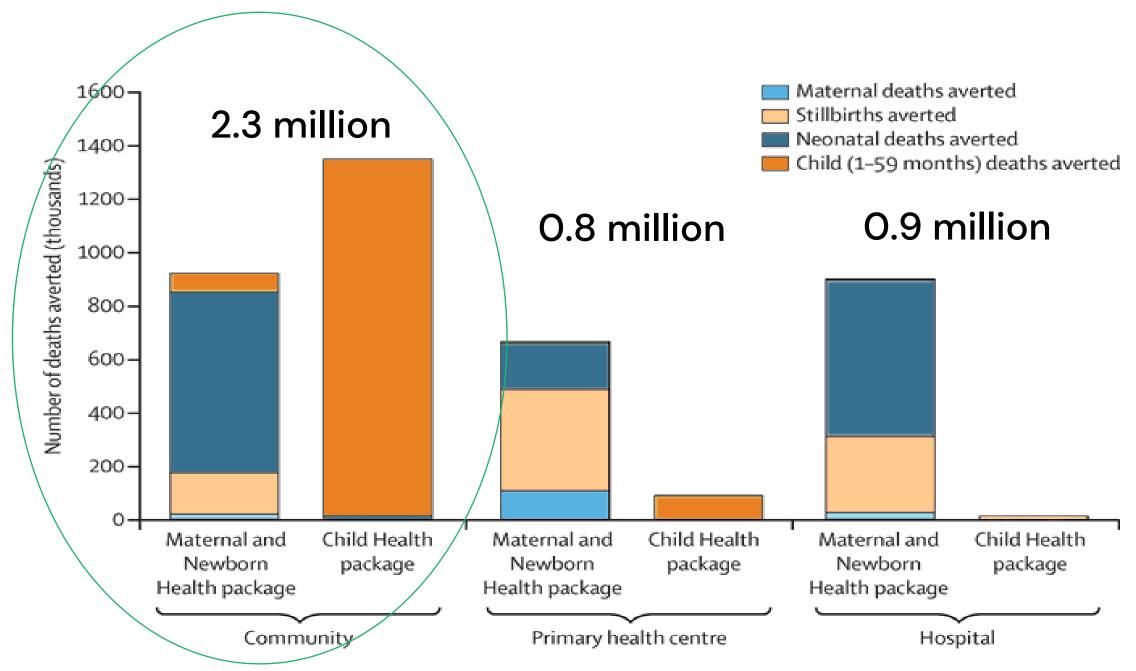
Applying the Community Health Worker Coverage and Capacity Tool for time-use modeling

May 23, 2023

Melanie Morrow Senior Manager, Health Systems Strengthening IDM Annual Symposium 2023



Strengthening and scaling up community and PHC platforms could avert 77% of preventable maternal, newborn, and child deaths and stillbirths





Investment Case for CHWs in sub-Saharan Africa

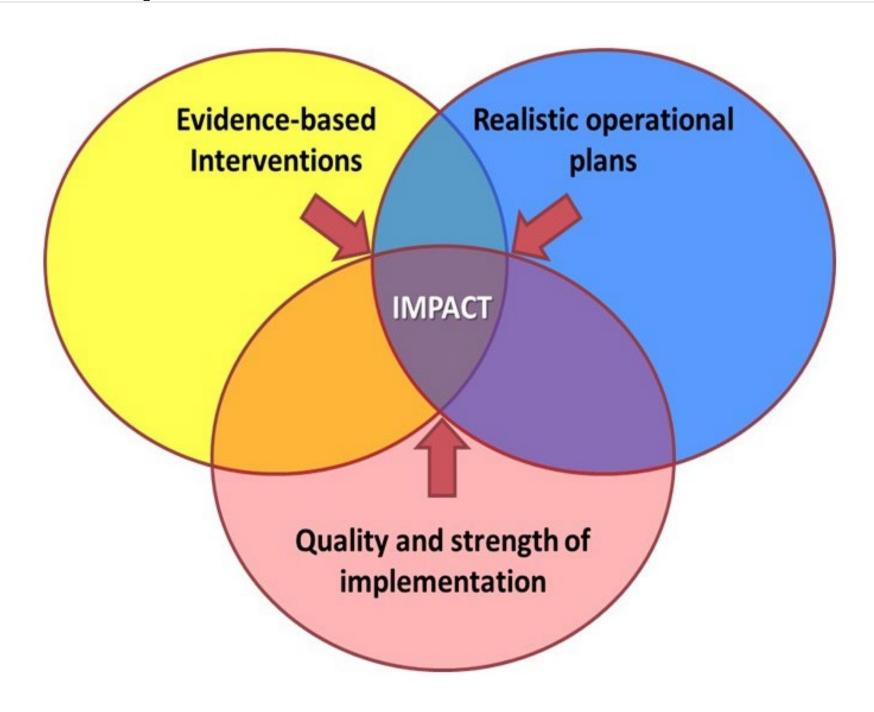


Economic return of up to 10:1

SOURCE: Strengthening Primary Health Care through Community Health workers: Investment Case and Financing Recommendations – July 2015 (https://www.who.int/hrh/news/2015/chw_financing/en/)

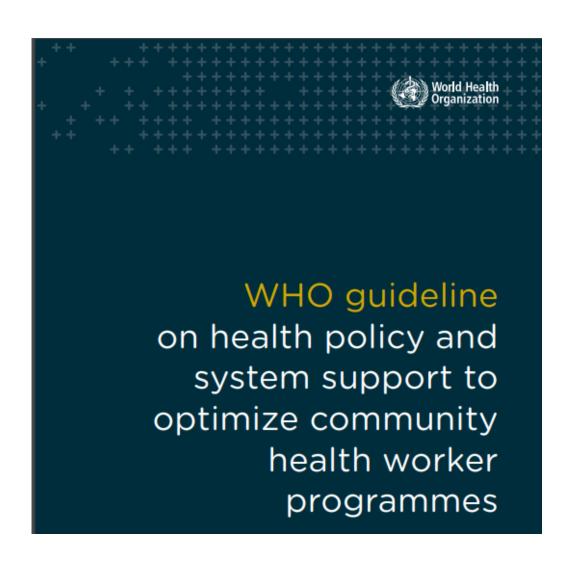


CHW Program Impact





WHO guideline to optimize CHW programs

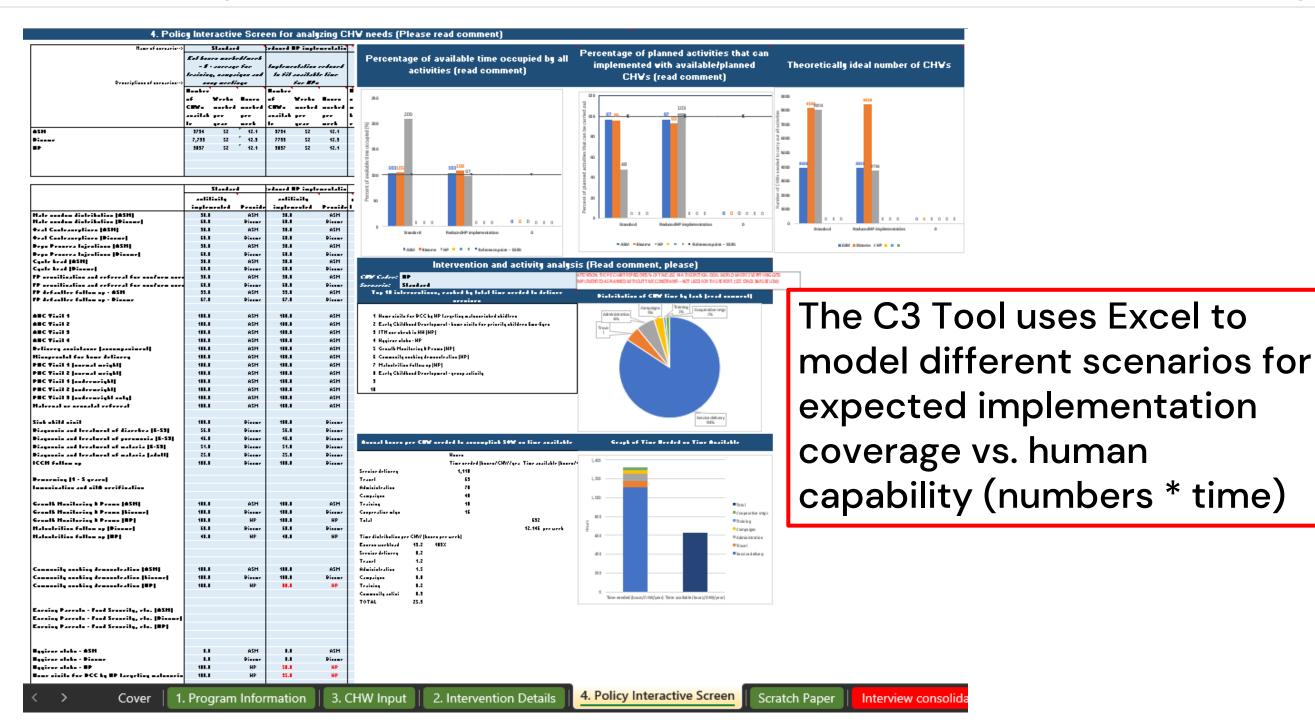


Target population size for CHWs is not a fixed ratio in the WHO guideline (2018):

- Workload based on epidemiology and anticipated demand for services
- Frequency of contact required
- Nature and time requirements of the services provided; and
- Expected weekly time commitment of CHWs



CHW Coverage and Capacity (C3) Tool supports realistic planning





Modeling Tool + Decision-making Process



An Excel-based tool for examining options of CHW time allocation, workload and estimated coverage.



The C3 Modeling Process

FIGURE 1. Iterative Steps of the Modeling Component of the C3 Process

1. Engaging stakeholders

- 2. Defining the questions
- 3. Modeling assumptions and inputting data in the C3 Tool
- 4. Iterative testing of scenarios through the C3 Tool
- Prioritizing and decision making

Source: Applying the
Community Health
Worker Coverage and
Capacity Tool for TimeUse Modeling for
Program Planning in
Rwanda and Zanzibar
(ghspjournal.org)

CHW Program Questions

QUANTIFY NEED

- What is the number of CHWs needed to reach:
 - Full coverage for selected services?
 - · Targeted coverage?

QUANTIFY EFFECTIVE CAPACITY

 What maximum service coverage can be achieved with a fixed number of CHW workforce?

OPTIMIZATION

 How can coverage be improved (minimum, maximum) in different "what if" scenarios for use of CHW cadres (task distribution, administration choices, prioritization of roles, etc.)?

R: Rwanda Emphasis

Z: Zanzibar Emphasis

Reframe programmatic questions (e.g., from quantification to optimization)

C3 Model Inputs

CONTEXT

elements

nonvariable

versus

Adjustable

- Population & Geography
- Typologies (urban/rural...)
- Burden of disease
- Health policies & priority community health services
- Available resources
- Known future trends

CHW CADRES

- Status and roles
- Number and geographic distribution
- Time use
 - Service Activities
 - Travel time
 - Administrative time
 - Training time
- Known future trends

Best case scenarios

Actionable Analysis

Options to rule out

Options for optimizing

Possible research needs

Broad cost questions

Test new assumptions and scenarios

Case study: Zanzibar community health strategy revision



Map source:

http://news.bbc.co.uk/2/hi/africa/41678 07.stm

- Strategy included a new Community Health Volunteer (CHV)
- Key question for Ministry of Health (MoH): "How many CHVs do we need to reach all communities in Zanzibar?"
- D-Tree International worked with MoH to apply beta version of C3 Tool in 2018–2019
 - Reviewed intended service package
 - Estimated number of visits, time/visit, travel time, etc.
 - Agreed on target levels of service coverage and feasible CHV workload
- Reviewed assumptions with broader stakeholder group from MOH and President's Office*



^{*}PORALGSD: President's Office Regional Administration, Local Government and Special Depts.

1. Program Information

Name of subpopulation	Zanzibar			
Country	United Republic of Tanzania			
Policy analysis mode	Population per CHW			
Year of analysis	2018			
Total Population (2018) Zanzibar	1,579,849			
Danulatian man aspending	720			
Population per community What is the average household size?	720 5.4			



Intervention details

Service / Intervention	Program	Target population	Population in Need or Incidence rate (PIN)	Number of visits	Minutes per visit
Pregnancy Visit 2	RMNCH incl Nutrition & ECD	Pregnant Women	100.00%	1	25
Pregnancy Visit 3	RMNCH incl Nutrition & ECD	Pregnant Women	100.00%	1	25
FU-referral (preg,PP,new	RMNCH incl Nutrition & ECD	Pregnant Women	5.00%	1	15
FU visit - problem (preg,	RMNCH incl Nutrition & ECD	Pregnant Women	7.00%	2	15
Emergency support	RMNCH incl Nutrition & ECD	Pregnant Women	5.00%	1	60
Postnatal Visit 1 (normal	RMNCH incl Nutrition & ECD	Children <1	100.00%	1	60
Postnatal Visit 2 (normal	RMNCH incl Nutrition & ECD	Children <1	100.00%	1	25
Postnatal Visits (3) (smal	RMNCH incl Nutrition & ECD	Children <1	10.00%	3	30
Infant Visit 1	RMNCH incl Nutrition & ECD	Children <1	100.00%	1	45
Infant Visit 2	RMNCH incl Nutrition & ECD	Children <1	100.00%	1	45
Infant Visit 3	RMNCH incl Nutrition & ECD	Children <1	100.00%	1	35

Three scenarios defined for analysis, as seen for Zanzibar

			•	l la forma			6 II 1 1 1/01D1		
	Best package			Less work time/CHV		Smaller catchment/CHV			
	Pop, Hours per week, total # CHVs			Same as "best package", but with 15			Same as "best package", but with		
	fixed.			hours per week			smaller catchment		
		Weeks	Hours		Weeks	Hours		Weeks	Hours
	Population	worked per	worked per	Population	worked per	worked per	Population	worked per	worked per
	per CHW	year	week	per CHW	year	week	per CHW	year	week
CHV	720	48	18	720	48	15	500	48	18
	Best package			Less work time/CHV			Smaller catchment/CHV		
	% planned actitivity			% planned actitivity			% planned actitivity		
	impler	nented	Provider	implen	nented	Provider	impler	nented	Provider
Pregnancy Visit 1	95		CHV	95		CHV	95		CHV
Pregnancy Visit 2	80		CHV	80		CHV	80	1	CHV
Pregnancy Visit 3	90		CHV	90		CHV	90	1	CHV
FU-referral (preg,PP,newborn)	90		CHV	90		CHV	90		CHV
FU visit - problem (preg, PP, ne	90		CHV	90		CHV	90		CHV
Emergency support	90		CHV	90		CHV	90		CHV

Selected outputs and results for Zanzibar

CHW Cadre: Scenario: CHV

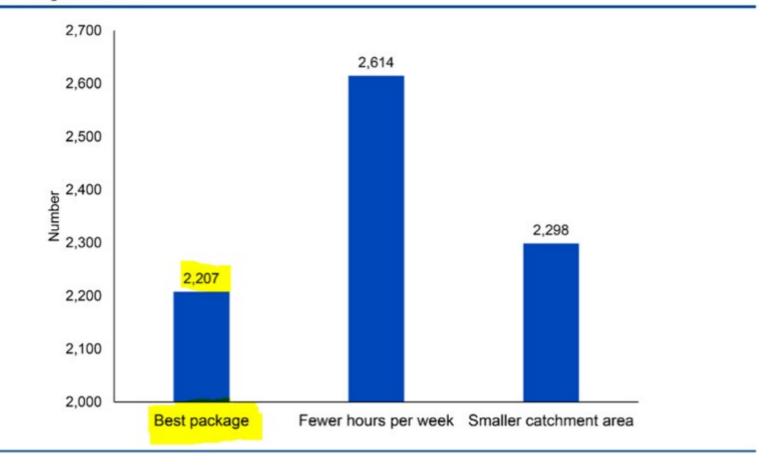
Best package

Top 10 interventions, ranked by total time needed to deliver services

- 1 Health promotion: Average meeting (education)
- 2 Child Visit 1
- 3 Child Visit 2
- 4 Child Visit 3
- 5 Identify and coach, threats to development
- 6 Postnatal Visit 1 (normal)
- 7 Pregnancy Visit 1
- 8 Child Visit 4
- 9 Infant Visit 1
- 10 Child Visit 6

Modeling projected that 2,200 community health volunteers could achieve approximately 90% coverage of the defined services, working 18 hours per week, with a catchment population of 725 people.

FIGURE 3. Number of Community Health Volunteers Needed in Zanzibar to Carry Out All Activities, as Calculated Using the C3 Tool





C3 Tool influence in Zanzibar

- Zanzibar MoH updated its community health strategy, launched in February 2020, based on the service package and coverage estimates modeled using the C3 Tool.
- Determined acceptable monthly performance-based incentive for CHVs
- Informed costing of the CHV program using the Community Health Planning and Costing Tool



More information:



ORIGINAL ARTICLE

Applying the Community Health Worker Coverage and Capacity Tool for Time-Use Modeling for Program Planning in Rwanda and Zanzibar

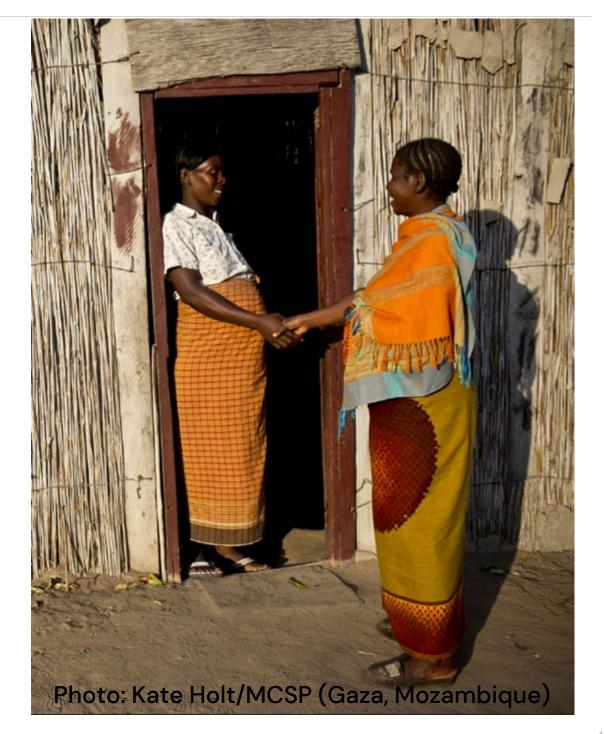
Melanie Morrow, ^a Eric Sarriot, ^b Allyson R. Nelson, ^c Felix Sayinzoga, ^d Beatrice Mukamana, ^d Evariste Kayitare, ^d Halima Khamis, ^a Omar Abdalla, ^c William Winfrey

https://doi.org/10.9745/GHSP-D-20-00324



Discussion and postscript: the C3 Tool

- Challenges & Opportunities
 - Learning curve
 - Timing
 - Advocacy
 - Tool updates
- Currently in use by:
 - Unicef and USAID's MOMENTUM Country and Global Leadership project in Sierra Leone
 - World Vision in 17 countries, with 16 more country offices to be trained in 2023









Get in touch: Melanie Morrow melanie.morrow@icf.com

- in linkedin.com/company/icf-international/
- ★ twitter.com/icf
- f https://www.facebook.com/ThisIsICF/

icf.com

About ICF

ICF (NASDAQ:ICFI) is a global consulting and digital services company with over 7,000 full- and part-time employees, but we are not your typical consultants. At ICF, business analysts and policy specialists work together with digital strategists, data scientists and creatives. We combine unmatched industry expertise with cutting-edge engagement capabilities to help organizations solve their most complex challenges. Since 1969, public and private sector clients have worked with ICF to navigate change and shape the future.