

# Can Meningitis A be Eliminated in Ghana?: Insights from a Stochastic Model Considering the Possibility of Reintroduction.

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Infectious Disease Modelliing Symposium Seattle, 1st October 2024

#### Context

- Meningitis, a serious infection of the brain, affects more than 2.5 million people across the globe each year (MRF 2024)
- 10% case fatality rate and 1/4 of its survivors suffer from sequelae including brain loss and hearing impairment.
- The African meningitis belt, which includes Ghana, has experienced irregular but periodic epidemics of meningitis, primarily due to Neisseria meningitidis for over a hundred years.
- Many countries including Ghana have successfully introduced a vaccine (MenAfriVac) against the predominant cause, meningococcal serogroup A (MenA), since 2012. There have been no cases of MenA since 2017.



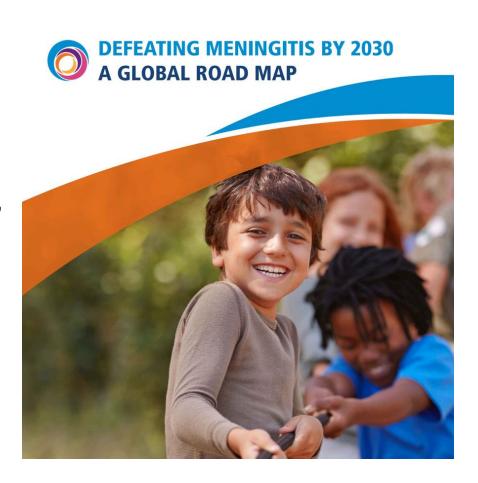
Source: Control of epidemic meningococcal disease, WHO practical guidelines, World Health Organization, 1998, 2nd edition, WHO/EMC/BAC/98.3

Figure 1. The African meningitis belt. These sub-Saharan countries are at high epidemic risk for meningococcal meningitis.



#### Rationale

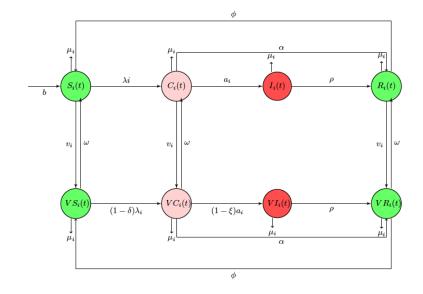
- A new multivalent meningococcal conjugate vaccine (MMCV) targeting serogroups A,C,W, X and Y has recently been licensed.
- The WHO Strategic Advisory Group on Immunization (SAGE) recommends targeting 1 to 19-year-olds for a catch-up, and routine vaccination for high-burden countries/regions including Ghana.
- Previous modelling used a deterministic approach, which predicts a long honeymoon period and resurgence.
- Given the evidence of the continued absence of MenA, I developed a stochastic model to investigate the potential for the elimination of MenA.





#### Methods

- I used a SCIRS model and adopted Odin stochastic package.
- A key feature of this model is that it includes an external force of infection.
- It also allows MenA to die out when there is less than one carrier in the population.
- Elimination is defined as 5 consecutive years with no case.
- I explored a range of assumptions about the external force of infection.



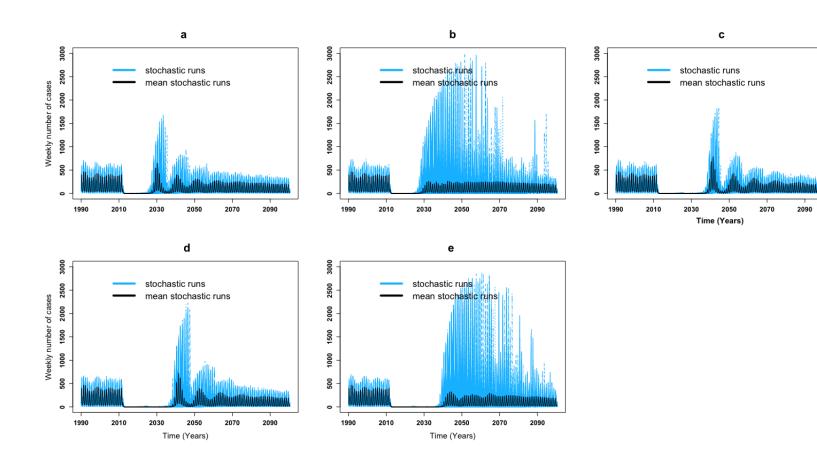


# **Intervention Scenarios**

Scenario	Ghana	Neighbouring Countries	External Force of Infection
а	No MMCV	No MMCV	No change
b	No MMCV	MMCV	90% reduction
С	MMCV	No MMCV	No change
d	MMCV	MMCV	40% reduction
е	MMCV	MMCV	90% reduction



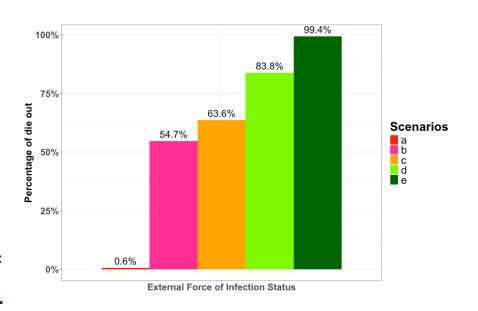
# **Results: Dynamics of Simulations**





# **Results: Dynamics of Elimination**

- The results show a 99% chance of eliminating MenA if Ghana and the neighbouring countries follow SAGE's recommendations.
- With no additional vaccine intervention, there is a very low chance of eliminating MenA (<1% chance).</li>
- A higher external force of infection reduces the possibility of elimination in Ghana as expected.



# Interpretation

#### The results mean that:

- The SAGE's recommendation not only provides effective control but also has the potential to eliminate MenA if fully implemented.
- Therefore, countries within the meningitis belt are strongly encouraged to adopt and follow these guidelines as recommended.



# **Strengths and Limitations**

- This is the first comprehensive stochastic model to study the dynamics of MenA, allowing the possibility of elimination.
- Accounting for the external force of infection adds a necessary complexity to better explore potential barriers for elimination.
- However, due to limited data on this external force, I explored various scenarios to address this uncertainty.



#### References

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# **Acknowledgements**

- Professor Caroline Trotter (Supervisor)
- Dr. Andromachi Karachaliou (Postdoc)











